



φύσις

Physis [fie-sis] a Greek word meaning the natural energy for growth, change and development.

2018

PSHE Policy



***The Quantum Leap Programme  
at  
Physis Heathgates Academy***

*Physis Quantum is a specialist provider of exciting and innovative services to  
Children and Young People in a variety of different settings.*

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**Physis Heathgates Academy**

*(Part of The Physis Group)*

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This policy is designed and written to be used in conjunction with other Physis policies, such as, but not only, those listed in the appendices at the end of this document; as such, all staff are responsible for ensuring they are fully conversant with all relevant company policies and procedures; failure to do so may lead to disciplinary proceedings and dismissal. It is the individual responsibility of every staff member to ensure they seek any clarification required in respect of this policy from their line manager, or the person named at the end of this document, should that be deemed necessary.

## Introduction

Personal, social and health education (PSHE) and citizenship enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through the school council. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society.

## Aims

- Know and understand what constitutes a healthy lifestyle
- Be aware of safety issues
- The development of personal identity, and levels of motivation
- The development of positive social interaction, and the skills to live and work with others
- The development of self-confidence and decision making skills
- The development of the ability to be an active citizen
- To gain an understanding of the part they play within the community of our school and how this is reflected in the wider community
- To enquire about the differences, injustices, rights and responsibilities within their own and wider community

## Responsibilities

Units of work for each year group will be planned and taught by teachers throughout key stages. PSHE and Citizenship is delivered in a positive manner but in a way that takes into account the needs and maturity of our students. They will be monitored by the PSHE coordinator, as well as in close consultation with Therapy team, through regular meeting and monitoring, joint planning and samples of pupils work.

## Procedures

PSHE is an integral part of all aspects of curriculum planning and is also taught through a discrete timetabled lesson to deliver a planned scheme of work. The promotion of pupils' personal, social and emotional development is also high on the agenda when planning curriculum and activity days. A wide range of teaching strategies are employed to promote the effective teaching of PSHE within the school, and is also a clear strand of the assembly and tutorial program.

At The Physis Heathgates Academy, particular emphasis is placed on the critical need to develop the PSHE curriculum in full consultation with the Therapy team working with the student body; the nature of the students placed at the Academy demands that careful attention is given to the bespoke needs of each student based on the therapeutic program and outcomes. To best achieve this, Academy staff will work with the Therapeutic team to plan the PSHE programme.

The school ethos and environment encourages students to become active citizens in our community, care for the environment and establish good relationships with others. Students are actively involved in the school and also provide opportunities to extend the thought and reflection element of the subject through discussion and debate.

## Equal opportunities:

We believe that every learner is entitled to a full range of activities designed to develop their Personal, Social, Health, Education irrespective of their gender, age, ethnic background or disability. We plan to cater for different ages and abilities through ways of recording and presenting, revisiting earlier concepts and extension activities.

## Assessment/ Reporting:

All aspects of student progress is monitored in accordance with the school assessment policy.

## Monitoring and Evaluation:

PSHE is monitored within the school's existing framework. The development of PSHE will be monitored through focused visits, workshops, supporting class teachers and observing displays.